

留学報告書 II (2025 年度留学生)

塾内在籍校・学年(派遣時)	慶應義塾中等部 2 年
留学先校名	Fay School
留学期間	2025 年 9 月から 2026 年 6 月まで

留学を振り返って

留学に行く前に期待していたこと、心配していたことはありましたか。実際に行ってどのように変わりましたか。

Since I was just very excited to go to Fay, I had almost no concerns. If I had to name one worry, it was whether I could make the varsity team for all the sports I chose. Because I am very passionate about sports, making varsity for all three seasons was one of my proudest accomplishments. More importantly, being on these teams built the foundation of my friendships at Fay, surrounding me with energetic and motivated people who made my school life incredibly fulfilling.

I had high expectations for boarding life, as it had been my dream for a very long time. Life in West house(my dorm) was so much more than I had ever imagined. We would have random debates in our rooms late at night, vent to each other, and play games and do puzzles together, it was simply the best time ever. Late-night debates are what I remember the most, and I think they changed me the most as well. They inspired me to take on world issues in my own life, helping me realize how crucial it is to think for myself and express my own opinions.

クラブ活動や課外活動など、学業以外の活動について教えてください。

- Sports

For sports, every student chooses a sport for each season. I chose volleyball for fall, basketball for winter and tennis for spring. Most sports are divided into Varsity, JV(Junior Varsity) and sometimes IM (Intramural). Luckily, I was able to play on the Varsity team for all three seasons. While Varsity and JV teams compete against other schools, IM teams focus on practicing and playing within the school. For me, the fall volleyball season was particularly special because it is where I made friends I stayed close with for the entire year. It connected me not only with my fellow 8th graders but also 7th and 9th graders. I felt that my circles of friends expanded dramatically right from the start of the school year because I was on the volleyball Varsity team. The biggest milestone I had in sports was receiving the Coach's award in tennis during my third and final season.

- Clubs

We had club activities every Thursday. There are many options to choose from, and students can even start their own club if they find a faculty supervisor. I explored different interests each season.

I chose the crochet club in the fall, the craft club in the winter, and the social media club in the spring. In the social media club, we helped manage the Fay school Instagram account by creating video content, taking photos for student challenges, and discussing ways to improve the page. Clubs provided a vibrant space to interact with new peers and broaden my circle of friends.

- Volunteering

Volunteering is taken very seriously at Fay. There would be opportunities to sign up to volunteer occasionally and some had a selection process. For example, there was a special Olympics volunteering session for young kids with mental disorders every Sunday morning for a month and I was chosen to join 2 sessions. I also joined another special Olympics which was for adults with mental disorders and we organized a basketball tournament for them and we cheered every team. Many of the volunteering opportunities connected us with younger children such as ELC helpers where I took care of 2 to 3 year olds at Fay every week.

ルームメイトはどのような方でしたか？

My roommate was a girl who loved fashion and she is half Haitian and half French. She is almost the complete opposite of me and in the beginning of the year we did not quite get along, but as we spent more time together we got very close. Even though we've had fights about very simple things, she is one of my closest friends at Fay. We made a tradition together to have a movie night every weekend, we had friends coming over to our room almost every night and having discussions and debates about topics we were interested in. I would help her choose out an outfit and she would help me choose mine. We would also rant together and sometimes even just run around the dorm together and get in a little trouble. She was the best roommate I could have ever asked for.

勉強の進め方や進学や将来について、アドバイザーや学校の先生と話す機会がありましたか。どのようなアドバイスをいただきましたか。

My advisory teacher checked in with us at the beginning of each term to set goals, and at the end of the term to reflect on what we accomplished and how we felt. This helped us regularly track our growth. Another person who gave me invaluable advice was my tennis team coach. Since he also works in the admission office, he provided great insights regarding interviews and future academics. Even though we only saw him during tennis practice, he always answered my questions thoughtfully while making us laugh and easing our worries.

今後の派遣留学生へのアドバイス

塾内選考前にどのような準備をしていましたか。

Before applying, the most important thing I did was to deeply reflect on who I am and how I could contribute to others. I engaged in a thorough self-analysis process, asking myself what I love, what my strengths are, and what brings me joy. This long brainstorming session not only helped me clarify my identity but it also inspired my project.

渡航前に日本で学習しておいた方が良いことや、用意しておいた方が良いことがあれば教えてください。

I recommend building general knowledge beyond academics. Staying updated on current news and knowing interesting facts will help you during class discussions and everyday conversations about world issues. On a practical level, I suggest bringing compact organizational tools for your room, such as foldable storage drawers and a light laundry bag. While the dorm provides basic furniture, having extra storage helped me keep my space tidy.

以上

