

# 留学報告書 II (2023 年度留学生)

塾内在籍校・学年(派遣時)	慶應義塾女子高等学校 2 年
留学先校名	Shrewsbury School
留学期間	2023 年 9 月から 2024 年 7 月まで

## 留学を振り返って

留学先では、期待どおりの生活を過ごせましたか？（留学先の良かった点・悪かった点も教えてください。）

I had such an incredible time in Shrewsbury School. The school provides a diverse range of opportunities for its pupils, and I made sure to immerse myself fully in every aspect of school life- academics, sports, extracurricular activities, or spending time with friends.

In just ten months, I was able to form close bonds with many people at school, especially in house thanks to its warm-hearted House community I was part of. My peers were from various backgrounds and countries around the world, each with their own unique experiences, and I enjoyed learning something new every day.

My favorite part about the school was the house competitions where each house showcases its character through various sports, performances, debates, and artistic abilities. Whether you are taking part or not, everyone has a place and purpose in the competitions and is willing to support each other in different ways. The competitions reflect the bonds we form within our house, and I loved the feeling of gradually developing our house spirit throughout the year by experiencing all sorts of things together with our housemates, housemistress, and house tutors. The house takes priority over almost everything else, and I feel that I have grown in many aspects by being part of and contributing to the house.

クラブ活動や課外活動など、学業以外の活動について教えてください。

### House Competitions

I have competed in various House competitions at Shrewsbury School, including Hockey, Debating, Football, Basketball, Swimming Gala, Steeplechase (relay), Paperchase (cross-country race), Tucks (cross-country race), Netball, Cricket, House singing, athletics, and Bumps (rowing).

House competitions take place every Tuesday afternoon and a week before the end of term. Every member of the house goes out to be part of the competition whether you are competing or cheering for your housemates.

### Thursday Activity

#### ● Medical volunteering

I volunteered at Royal Shrewsbury Hospital every Thursday afternoon. My main shifts in the hospital took place in Dementia care Ward where my role was to improve the hospital experience of patients by engaging them in conversations and in a range of activities.

#### ● ETSOS (Experimental Techniques in Science for Overseas Students)

We conducted all of the GCSE and A-level practical.

### **Academic competitions**

#### ● **Olympiads**

I have participated in Biology, Chemistry, and Math Olympiads and have received Bronze for Chemistry and Highly Commended Prize for Biology. In both biology and chemistry, the questions require knowledge learned in Upper sixth, as well as application of knowledge to real-life phenomenon.

#### ● **UK Math Challenge**

UKMC is an advanced math questions aimed at all A-level Math students in the UK. The Top 100 scorers receive either Gold, Silver or Bronze medal, and I have received a silver medal.

## 学業について

各授業について授業の内容・進め方・課題・試験・日本との比較などについて触れながら記入してください。

### **A-levels subjects**

All lessons in Shrewsbury School are small classroom learning where each class has around 8 people per sets.

#### ● **Chemistry**

In most lessons, we spent half of the lesson time listening to our teacher introduce a new topic and the other half practice solving exam questions. The teacher came around the classroom to check if we had any questions and helped us individually. We also spent most of our double periods doing practical work. We had Top School (assignment), almost every lesson which we usually had to finish by the following lesson, sometimes within a week if it was a big assignment.

#### ● **Biology**

The lesson style was similar to chemistry. Practical work is one of the main components of the syllabus, where we spend almost half of our year conducting experiments, analyzing results, and applying data to real-world situations. Sixth Form has its own dedicated microscope, and most of the practicals are conducted either individually or in pairs, which helped me think and process independently. Top School were given almost every lesson, involving reading a few pages from the textbook, solving past paper questions, making our own notes, and writing a Core Practical.

#### ● **Further Math**

This subject consists of three parts: Pure Math (10 lessons), Mechanics (3 lessons), Statistics (3 lessons). The syllabus covers twice the content compared to Math (single math). In Pure Math, we explored advanced topics in algebra, calculus, and proofs. In mechanics, we studied areas in physics and explained movement of physical objects through mathematical equations. In statistics, we learn to read and analyze data trends and solve statistical problems. There were no specific Top School assigned, but we were expected to complete any lesson material we could not finish during lesson time and tackle extra practice questions independently.

### **Academic Prospective subjects**

Academic Prospective lessons took place one lesson per week which were chance for students to explore outside of A-level syllabus. Students were allowed to choose one subject per term no matter their A-level

subject choices.

- **AP Chemistry (Michaelmas Term)**

We learned how to use excel to organize experimental data to analyze trends. We also used a software called ChemDraw to draw out structures learned in organic chemistry on our computer.

- **AP biology (Lent Term)**

In pairs, we were expected to conduct our own biology-related practical. My partner and I conducted a practical on “The rate of yeast respirations on different sugar concentrations”.

## 今後について

この派遣留学を通して、自分自身にどのような変化があったと感じていますか。

Reflecting back on a year, I definitely believe that I have grown as a person in many aspects.

By immersing myself further in activities I already loved and excelled at, such as science and swimming, I found renewed passion and interest in these areas. Particularly, in Biology and Chemistry, I was able to compete and study at a higher level and it fascinated and inspired me to push myself further in these areas in the future.

By immersing myself in new experiences, such as trying new sports and extracurriculars, I developed new interests. This process also broadened my perspective and significantly boosted my confidence.

In addition, the House community taught me many things.

I learned to open up myself more to people around me. Whether it was a worry I had at school or exciting news, my friends, housemistress, and tutors were all there for me to listen to anything and support me throughout the year. I always enjoyed the conversations I had with people in house and I felt comfortable talking about even the smallest worries I had that day.

I also learned the importance of being caring, kind and honest in the house community. Your housemates are like your “family” when you are boarding at school. We spend time with each other in our ups and downs and it is especially important that we took care of each other when your peers are feeling down, ill or needs support. These moments are vital in building strong relationships in the house communities, and creating house spirit when you are competing or representing your house in House Competitions.

## 今後の派遣留学生へのアドバイス

I recommend reviewing GCSE materials for anyone planning to take Biology and Chemistry at A-level.

While some teachers understand that international students may not have completed GCSE, the A-level syllabus expects students to have prior knowledge of the content. Having a basic understanding of the material will make it easier to engage in lessons throughout the year.

