

留学報告書 II (2023 年度留学生)

塾内在籍校・学年(派遣時)	慶應義塾中等部 2 年
留学先校名	Shrewsbury School
留学期間	2023 年 9 月から 2024 年 6 月まで

留学を振り返って

留学先では、期待どおりの生活を過ごせましたか？（留学先の良かった点・悪かった点も教えてください。）

This exchange year was one of the most special years of my life. Shrewsbury school gave me a wide range of opportunities in academics, sports, and extra-curriculars. My favorite part about Shrewsbury was that they balanced out all of these categories perfectly. 37 lessons along with 4 x 1.5 hrs - 2 hr sport sessions every week and BASE on Thursdays which are activities we had outside of school to improve survival skills such as camping, orienteering, canoeing and so much more. This really fulfilled my school year and kept me busy throughout.

The only negative part was how the sky was constantly cloudy but to make up for it, the last few weeks were very sunny and a little windy as well so the weather was perfect.

クラブ活動や課外活動など、学業以外の活動について教えてください。

For the first term I joined RSSH (Royal Shrewsbury School Hunt) which is Shrewsbury's cross-country club. Although most of the girls in my year chose hockey for the first term because their friends were doing so, looking back I am very glad I didn't choose my sport options for the people but rather for the actual sport. Cross-country trained me both mentally and physically, as it helped me gain stamina and also foster a positive mindset when playing sports, as you need strong determination and enduring ambition when running long distances in cross-country. I remained in RSSH for the second term as well.

For the last term, I chose rowing. I was contemplating between rowing and athletics for a very long time but am very glad that I chose rowing. Roughly 20% of my peers were experienced rowers but everyone else had never rowed before so the coaches taught us from the fundamentals which was very helpful. Rowing is now definitely in the top 5 of my favorite sports and I hope I can row in Japan as well.

As I mentioned earlier, every Thursdays we would have BASE activities. This is where my year was split into 8 groups of 15-17 people and we would do gardening, canoeing, orienteering, CCF (Combined Cadet Force), camping, first aid and so many more fun activities. These activities provide us knowledge on things we don't learn inside classrooms, using outdoor education, volunteering and conservation work to develop character and create bonding experiences for us pupils. Additionally, we would occasionally have field days which are BASE activities of a whole day version. At the end of the school year after summer exams, we even had a whole week dedicated to BASE activities called "Outdoor Week". This included a two day mountain marathon expedition in the Shropshire countryside, an outdoor competition day at Packwood School, and a visit to one of the Shropshire Wildlife Trust sites to help with conservation.

学業について

各授業について授業の内容・進め方・課題・試験・日本との比較などについて触れながら記入してください。

Maths: 4 lessons per week. In maths this year we have done algebra, probabilities, Pythagoras, trigonometry, numbers and so on. Compared to Japan, Shrewsbury used many internet tools to make maths more fun.

Sciences: At Shrewsbury, sciences were separated into Chemistry, Physics and Biology. In Chemistry, we learned about atoms, separating techniques, ionic bonds, balancing equations and so on. Many of these topics were covered by doing many practicals. In Physics, we learned about motion, speeds, energy transfers, waves, astrophysics and so on. In Biology, we learned about kingdoms of life, structures of cells, respiration and photosynthesis, food chains and so on. Physics and Chemistry lessons were almost entirely done with our devices on this app called "One Note". Biology on the other hand we did in our textbooks.

English: 4 lessons per week. In English, we started off the year by reading a gothic book called "The Woman in Black" and analyzing specific scenes throughout the book and discussing how the writer has created tension in that scene. After that we read "A Midsummer Night's Dream" written by Shakespeare, and explored the different characters and how they developed throughout the story. Finally, we finished off the year with poems. We read many poems written by famous poets and discovered new techniques used in them. This was all done in our textbooks. English was quite similar to how we study Japanese in Japan except for the fact that at Shrewsbury, we got a full hardcover book to read whereas in Japan we only get a few chapters of a book printed out for us.

Humanities: Humanities contains 3 subjects which are geography, history and philosophy & theology (PT). In geography, we studied about economic development, geomorphology, China, and fragile environment. We did all of our work on One Note. Geography was useful to me because we discussed real-life scenarios in our world right now, so it made me feel as though I was really involved in the subject. In history, we studied about Britain's race relations before and after WW2 and also women's rights before and after WW2. I found this very interesting because I had only learned about Japan's history and the world's as a whole but never focused on Britain. In PT, we studied about many topics. Christianity, types of evil, abortions, euthanasia, animal rights, sanctity of life, and lastly Islam. PT was my favorite subject this year, as you are able to explore this whole world of ethics, and there is absolutely no right answer to anything. The debates we have during lessons always got heated up and went further than what our textbooks could teach us.

今後について

この派遣留学を通して、自分自身にどのような変化があったと感じていますか。

Throughout this experience, I believe I have become so much more independent as a person. From staying in a dorm or my host family's house away from home, studying for exams without the encouragement from

parents, to being organized with time and things, I taught myself how to take care of myself on my own without any help from others. Additionally, as I mentioned earlier, I had a strong passion for PT, and in the first term as we learned about Christianity, I realized how strong of a connection I had with Jesus. Therefore, after much consideration, I got baptized and confirmed in April, and I am now a complete Christian. I believe this was the biggest change into becoming the “new” me. My perspective on life has changes a lot, and I have grown to become a wiser person.

今後の派遣留学生へのアドバイス

I believe you don't have to bring that many daily necessities with you to the UK since you can buy most things over there, and minimizing the amount of luggage you bring is really important. Additionally, you may think you have to perfect your English before going to the UK however you will be speaking and studying in English 24/7 once you come here so you do not have to worry about that at all.



: